

# SUP board evening paddling



**Every Tuesday from Maj-September if the weather condition is fine 18.00-late**

**We give you first instruction about paddle technology for better performance.**

**For time schedule, please check [www.facebook.com/ostkustenkajak](https://www.facebook.com/ostkustenkajak) or [www.ostkustenkajak.se](http://www.ostkustenkajak.se)**



**Price. 300:- Incl all Equipment and guide**

Mail: [ostkustenkajak@telia.com](mailto:ostkustenkajak@telia.com) Instagram: #ostkustenkajak

Phone: +46-730-410388

Info and booking : [ostkustenkajak.se](http://ostkustenkajak.se) ; [www.facebook.com/ostkustenkajak](https://www.facebook.com/ostkustenkajak)